

Aglow



Tung Wah Group of Hospitals
Lee Ching Dea Memorial College

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東華三院李潤田紀念中學
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New Faces at School

This school year, we have 5 new faces joining our school. Among them, there are Chinese teachers, an English teacher and a social worker! Surely, they instantly go under the spotlight and draw all our schoolmates' attention. Bugged with their curiosity for the teachers and the social worker, our reporters, Macro, Frank, Amarbir and Connie, have mustered their courage and covered an interview with each of them.



Mr. Choi

Macro: What subjects and classes do you teach this year?

Mr. Choi: I teach Chinese language to 2B, F3 (group 4) and F4 (group 2).

Macro: Why do you become a teacher?

Mr. Choi: When I was a form 5 student, I had a very dedicated Chinese language teacher that taught Chinese very well. I was motivated by him a lot and developed a fervor in Chinese language since then.

Macro: What kind of student were you like when you were at school?

Mr. Choi: I used to be a busy student in the secondary school. I was the chairman of Japanese Club and Art Club, and organised different kinds of activities for club members after school. Also, I studied Visual Arts as one of my elective subjects where I spent lots of time painting and making art works.

Macro: For you, what is an ideal student like?

Mr. Choi: I like students that behave well. After all, being well disciplined is one of the essentials our society expects the students to achieve. But surely I also appreciate students who like Chinese and like to read Chinese classics. And students with a passion for Chinese impress me the most.

Macro: Did you join any extra-curricular activities when you were in school?

Mr. Choi: When I was in the secondary school, I was in the uniform team. I think it is the reason why I was recommended by the school to lead the Sea Scout this year.

Macro: What was the most unforgettable event this year with us?

Mr. Choi: The most unforgettable event this year was going hiking to Lion Rock at night with Sea Scout members! That was the first time for me to hike at night and I think it was quite challenging for students and me. And the night view from the top of Lion Rock is stunning!

Macro: How do you pass time when you are free?

Mr. Choi: My hobby is travelling. I aspire to travel all around the world. Also, I spend time learning Japanese and watching movies and drama, especially the Japanese ones.

Macro: If you weren't teaching someday, what would you be doing?

Mr. Choi: I would be a backpacker travelling around the world, as I hope to explore the diverse cultures in different countries and taking pictures to record the unique landscape and architectures in those countries.

Also, I would be a volunteer to teach in some less-developed regions or countries, as I think every child deserves the chance to be educated and pursues knowledge.



Connie: What is your favourite book? What do you like about it?

Mr. Chung: "Harry Potter". Books after books, my family and friends and I would discuss the development of the story. All I recall about Harry Potter is the good time and memories.

Connie: What do you like to do in your spare time?

Mr. Chung: Well, you will find me at the basketball court! I picked up basketball when I was in F.3. I started out because I wanted to make friends. However, as soon as I played on, I realized playing basketball was about strategies and skills. It is like RPG, role play games. Hence, I was hooked.

I dug up the whole Internet about basketball, observed people playing at the ball court and learnt from other basketball fanatics. From not even hitting the basket, slowly, I could slam-dunk.

Basketball gave me a sense of achievement and taught me that I am competent in mastering one certain thing. That's why I have been playing basketball.

Connie: What is the biggest challenge in being a social worker?

Mr. Chung: It must be how to encourage communication between people. Being a social worker, we have to observe and put ourselves into the others' shoes before we can truly resonate with and understand them.

As much as we are all capable of having an open heart to all the differences from ourselves and being a genuine and attentive listener when people talk to us, the stress and different commitments in life overtake us and make it hard for people to express their feelings. This is also the biggest challenge in the process of counselling.

Connie: Why do you want to be a social worker? Is there anyone or a special event that has inspired you to be a social worker?

Mr. Chung: I want to fulfil myself and achieve something meaningful in my life.

In the first place, it was the ego that fueled this pursuit of being a social worker. I used to think I was better at people skills and could always give wise advice.

However, in the training to be a social worker, I learnt that I am no better than others and

everyone is unique and talented. Each of us has our own beliefs and values that drive us to live our life the way we are living. My aspiration is that everyone lives with dignity and hope.

Connie: What kinds of problems would students turn to you for help?

Mr. Chung: It can be anything, from family matter, emotions, friendships, relationship, to their future or stress from their studies.

Connie: What are the most important qualities if we want to help our friends when they talk to us about their problems?

Mr. Chung: Less judgement. More listening. More understanding.

I reckon these 3 qualities are the most crucial. Sometimes, when our friends talk to us about their problems, what they need and want to solicit the most might not be the solutions. They might just want an ear and some space to be listened to. Very often, they feel much better after they have vented their feelings. And then they are all "powered up" again to go out and tackle the difficulties themselves.

Connie: What was the most unforgettable moment that happened between you and the students?

Mr. Chung: To me, it is always satisfying to see that they can lead the games and activities by themselves after some training. It is just cheerful to see they grow through events and find their talents and confidence.

Connie: After you have become a social worker, what have you learnt?

Mr. Chung: Relationship is the most important thing.

Connie: Being a social worker, do you have any pressure? How do you relieve stress and prevent yourself from being burnt out?

Mr. Chung: Absolutely! A lot of pressure! Playing basketball for sure. Writing, reading, and watching movies as well. These help me wind down from the hustle and bustle of life and freshen myself before I head off again.



Mr. Chung

Mr. Lai



Amarbir: What subjects and classes do you teach this year?

Mr. Lai: I teach Chinese Language and Chinese History. This year I have S.2, S.3 and S.5.

Amarbir: When did you start teaching? Where was that school? Was it a secondary school and primary school?

Mr. Lai: Uhh... around five years ago. It was in Kwai Chung. Coincidentally, it is another TWGHs secondary school.

Amarbir: All this time, what was the event that students did get you the angriest?

Mr. Lai: Well, I recalled a past event that some students cheated together in an English exam. They were caught. Some of them admitted to their mistakes and did reflect on what they had done wrong. However, some remained stubborn. Rather than admitting to their wrongdoing, they remained thinking they got no responsibility in what they had done. It is such an alarm to me that we must do something to recover the deteriorated moral values among the young generation.

Amarbir: Why did you decide to teach?

Mr. Lai: I want to share what I know with others. Seeing that my sharing could enlighten young people and bring impacts on their growth gives me the sense of fulfillment. This keeps me going.

Amarbir: Do you enjoy teaching? What do you enjoy about teaching?

Mr. Lai: Yes, of course! Personally, it is the most rewarding to see students engage their thinking in learning, sorting out problems and working out solutions themselves. They assimilate what are on the handouts into them. After all this is teachers' purpose there.

Amarbir: Is there anything you would like to change about the education system?

Mr. Lai: Yes, I do. I believe every student is unique. They have all their own learning styles and needs. It is not the most ideal to measure different students in a uniform assessment. Neither is it the fairest to have all the students followed the same syllabus.

Amarbir: For you, what is an ideal student like?

Mr. Lai: I would want students to be curious about what they learn, their surroundings and whatever they come across every day. I see this is the ultimate key for them to drive themselves on learning. They will also go find the answers truly for themselves since they are intrigued to know more in the first place.

Amarbir: If you weren't teaching, what would you be doing?

Mr. Lai: I would probably be staying at home and taking care of my children. I guess I would be teaching them Chinese and telling them plenty of stories about Chinese history myself!!

Connie: What subject and which class do you teach this year?

Ms. Cheng: I teach English language to students of Class 1D, 2CD and 3B.

Connie: What is your favourite film?

Ms. Cheng: It has to be "Slumdog Millionaire". This is a breathless and exciting film. It is heartbreaking and exhilarating at the same time. The movie talks about an orphan in Mumbai who rises from rags to riches on the strength of his lively intelligence.

Connie: What is your favourite colour?

Ms. Cheng: Green because to me it symbolizes hope, nature and freshness.

Connie: What do you like to do in your spare time?

Ms. Cheng: I like reading stories about successful people.

Connie: Have you adapted to the life at school?

Ms. Cheng: It is not always easy to adapt to a new environment. I am lucky that it just took me a short period of time to get used to it, thanks to the helpfulness and friendliness of our school.

Connie: What was the most interesting thing happened in class?

Ms. Cheng: It was a form-based activity. Students had to draw pictures and wishes for the coming Chinese New Year. It was interesting that a student I have never taught before drew me one which was really special and nice. I put it up in my house during CNY.

Connie: Why do you want to be a teacher?

Ms. Cheng: I like being with teenagers. I feel fulfilled when I am teaching and sharing life experiences.

Connie: What will you do when you encounter difficulties?

Ms. Cheng: I will talk to my beloved ones who are willing and able to assist me in any difficult situations.

Connie: After you have become a teacher, what have you learnt?

Ms. Cheng: I have learnt to be patient and caring. Teaching teenagers often requires much patience and care.

Connie: Do you have any pressure from being a teacher?

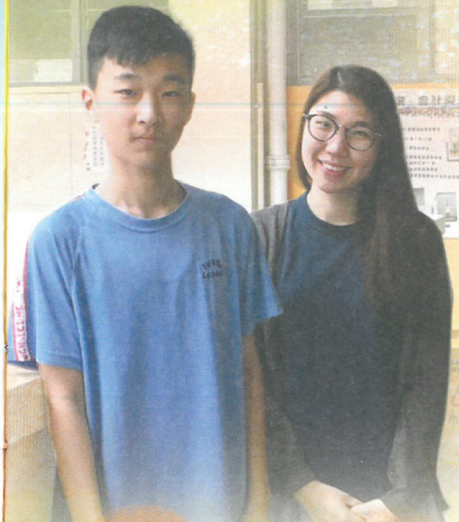
Ms. Cheng: Yes for sure, especially for the first few years. There are many different roles a teacher has to perform nowadays and so I always work around the clock. I am still struggling with work-life balance, haha.

Connie: How do you cope with the pressure?

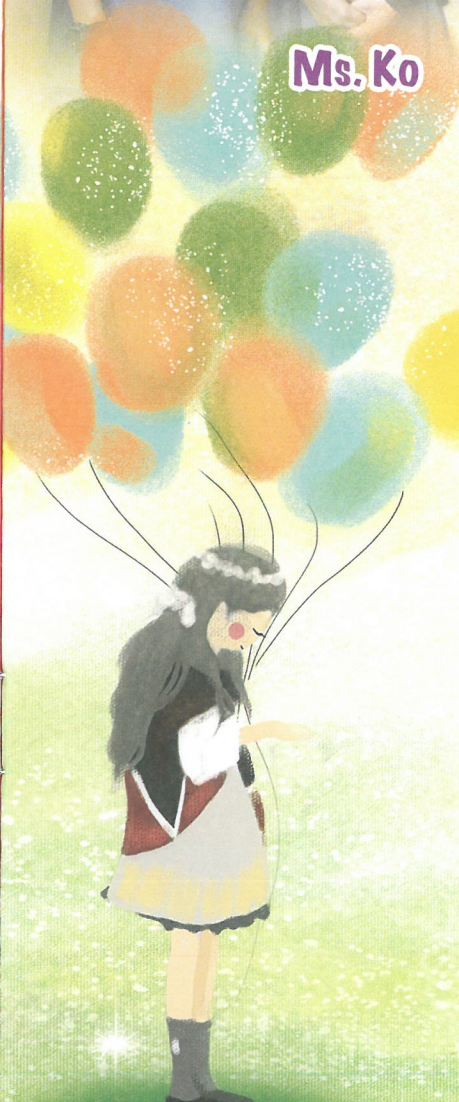
Ms. Cheng: Getaway while I have free time so that I can experience something new and take a break from this hustle and bustle lifestyle in Hong Kong.



Ms. Cheng



Ms. Ko



Frank: What is your most unforgettable moment at this school so far?

Ms. Ko: You might be surprised. But I never taught F.1 before until this year. If I must summarise this cohort in a couple of adjectives, they must be active and energetic. Sometimes, they fill the classroom with their noise as they are so into their discussion during the lessons. They can be very opinionated over the smallest matters. Sometimes, they are so talkative that it would exhaust all the teachers who have taught them.

Although sometimes they are pretty naughty, they are lovely most of the time. All of them have made progress in their studies and behavior. Witnessing their growth does motivate me a lot.

Frank: What have inspired you to become a teacher?

Ms. Ko: I have decided to become a teacher since I was in primary school. I aspire to be a teacher because I have seen that teachers enlighten young people and guide them through their journey of growing up. It is meaningful.

Frank: What do you usually do in your spare time or holidays?

Ms. Ko: I love watching television during my spare time. I also enjoy swimming since I find it relieves my stress.

Frank: Where would you like to travel to?

Ms. Ko: I would like to travel to Japan since I think it's a nice place to go to and the seafood there is just fresh and delicious.

Frank: What do you usually do when hanging out with your friends?

Ms. Ko: When I am hanging out with my friends, we usually have a nice dinner and chat quite a lot. We update each other's recent life, including the naughty things you guys did at school!

Frank: What food do you enjoy the most?

Ms. Ko: I enjoy eating carbohydrates such as bread and rice. I enjoy the sense of satisfaction brought by those foods. I would say they are my comfort food!

Frank: Were you a busy person when you were a student?

Ms. Ko: In junior forms, like most of the students, I was a lazy one too. When my teachers were absent, I would jump for joy with my classmates. However, I would not miss out on any homework. Smart enough to keep the trouble at bay, eh?

Until I went to high school, I realized I got closer to the reality where I needed to plan for my future. It's when I started to prioritise my studies. In the one-and-half-year that led up to A-Level exam, I planned out a timetable that I stuck to for my revision. Those days were all about studying.

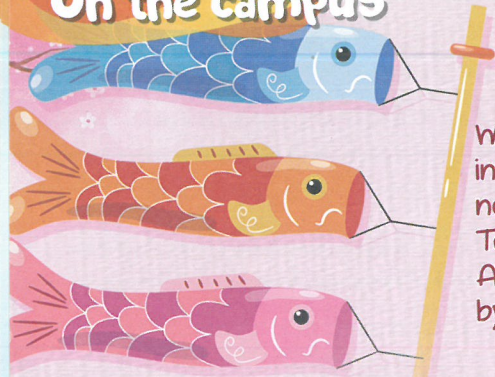
Frank: Do you have any plan for the coming five years?

Ms. Ko: I am trying to overcome my skin problem in the coming five years. I will be working hard to improve my health in order to achieve this goal!

Cultural Differences

While our school is quite culturally homogeneous, with most of the students being Chinese, the interaction among us is not defined by our cultures and races. In our school, we have a few non-Chinese speaking students. Nonetheless, we have all mingled so well.

To take advantage of the cultural differences between us, our reporters, Macro, Frank and Amarbir, are taking us on a short trip to see about the Japanese, Indian and Turkish culture by interviewing 3 ethnically mixed students in our school. Ready? Here we go!



Amarbir: Where is your home country? Which city do your parents come from?

Uematsu: Japan is my home country and my parents come from Tokyo.

Amarbir: Then were you born in Japan too?

Uematsu: Nah. I was born in Hong Kong.

Amarbir: Have you been to your home country? How often do you make a return? What time of the year would you usually go back to Japan?

Uematsu: Yes I have been back. I usually go back to Japan during the summer break. I would also go back for the Japanese New Year.

Amarbir: What would you say is the most important core value of Japanese culture? Why is that the most important value? Can you further exemplify how this value is upheld the most in your culture or your daily life?

Uematsu: I believe politeness and self-discipline are the most crucial to us.

For example, we would try to refrain from talking on phone when we are riding on train. We are worried that it might disturb other passengers.

Also, since the government has emphasized on recycling, the city would collect plastic bottles and papers from the households on Tuesdays and Thursdays as well as on Fridays respectively. The households will follow the schedule and

sort the waste for collection. Most of all, we would clean the collectibles before we take them out to the collectors. I think being self-disciplined is quite rooted in our culture.

Amarbir: Do your family practise any Japanese traditions? If you still do, can you give us some examples and details about them?

Uematsu: Yes, we do. At Children's Festival, which falls on 5th May every year, the family will hoist the carp-shaped streamers, which we called koinobori. Symbolically, we wish the children success, strength and a bright future.

Amarbir: What languages do you speak at home?

Uematsu: I speak Japanese at home. With that said, since my father doesn't speak Japanese, among my brother, me and my mom, we would speak Chinese instead.

Amarbir: How do you feel about being a Japanese Chinese?

Uematsu: I don't have much thoughts, but I do know an extra language!

Amarbir: Would you like to share a Japanese festival you like the most? How do you celebrate this festival?

Uematsu: The Girls' Festival. We might also call it Doll Festival, which we called Hina Matsuri. It occurs on the third day of the third month of the Japanese Calendar. At the festival, mom would prepare red bean rice. We would also put up decors at home.

1B Haruka Uematsu





3A Amarbir

Marco: Where do you come from?

Amarbir: My family come from India. However, I was born in Hong Kong.

Marco: Have you been to India before? What were/was the city you visited?

Amarbir: Yes I have. I have been back to India twice. Once when I was three. And then when I was seven. I visited New Dehli, the capital of India.

Marco: Although you were so young then, do you still remember why you went there? What did you do there?

Amarbir: I don't remember why I went there. But I went there mainly to meet my other family members, such as my grandaunts and granduncles. I was also introduced to the cousins of my mom as well. It was a good time.

Marco: I know that there are religions native to India. Do you know about them?

Amarbir: I know that there are two religions in India. They are Hinduism and Sikhism. I myself am a Sikh. But I don't have a habit of going to the worship for my religion. When I was five, my grandma brought me to the worship once. But that was the only time.

Marco: Do your family practise any Indian traditions? If you still do, can you give us some examples and details about them?

Amarbir: My grandparents go to a Sikh Temple in Wan Chai every week. Our whole family will also go there when it is the birthday of a child in our family.

Marco: What languages do you speak at home?

Amarbir: I usually speak Indian language or sometimes Chinese at home with my family members.

Marco: What kind of food do you have at home?

Amarbir: We usually eat Indian cuisine mixed with Chinese food. A common dish is white rice with curry and vegetables like spinach.

Marco: Would you like to share an Indian festival you like the most? How do you celebrate this festival?

Amarbir: Sure. I think it's the Diwali Festival. This is a colourful festival in India in which people paint colours on each other. Nonetheless, I have never participated in this special festival in person myself. I am still anticipating a chance to be part of it there in India someday.

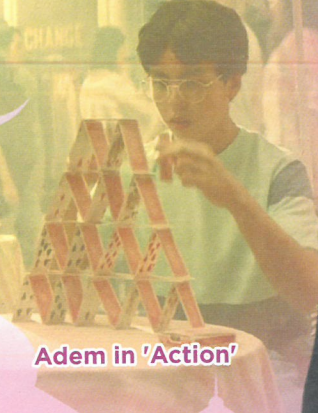
On the campus



This is the evil eye we had at home. As you see, there is a small turkey flag on top of the evil eye.



A home decor in Turkish culture



Adem in 'Action'



4D Adem and 3A Frank Ku

Frank: Adem, you don't look completely Chinese. How would you identify yourself? What is your ethnicity?

Adem: I am a Muslim who was born in Hong Kong. And I'm actually half Chinese and half Turkish.

Frank: Have you been back to where your family originated from? Do you still remember why you went back then?

Adem: Yes! Of course. I have been to Chal, one of the cities in Turkey. Although only once, it was a spectacular experience for me! I remember that I held a real sniper gun when I was 4. The main reason why we went back to Turkey that time was because we wanted to visit my grandma.

Frank: Can you share a special festival in your culture?

Adem: In Muslim culture, there's a festival called Ramadan. Although we don't usually celebrate it in Hong Kong, it is the holy month where we fast during day time. According to Islam, the Quran was sent down by Allah to Muhammad that month.

Frank: In your opinion, which part of the Hong Kong culture confuses you most?

Adem: In my opinion, the part that confuses me most is that most of the Hong Kong people seldom help people in trouble. Instead, they just take out their mobile phone and film. I think that is ridiculous.

Frank: What would you say is the most important core value of your culture?

Adem: I have to say it gotta be respect and I believe it is quite universal. Respect is so important that we can't live without. Just imagine if a family had no respect for each other, it would be chaos.

Frank: Do your family practise any traditions of your culture? If you still do, can you give us some examples and details about them?

Adem: Yes. There is something called the evil eye. We hang some evil eyes on our walls too. They are deemed to guard the house and keep your home safe. People usually buy this as a souvenir for their family and friends.

Frank: What languages do you speak at home?

Adem: Well, since I am still learning how to speak Turkish, I usually speak English when I am at home. But I will try to pick up Turkish so that I can speak 4 languages then.

Frank: Is there any unique dish in Turkish cuisine?

Adem: Yeah! I enjoy one dessert called baklava, which is a traditional delicacy of my culture, the most. The dessert is made of crusts, filled with pistachios and held together with syrup or honey. I like the sweet taste very much. Mentioning it, I begin to drool.

Frank: Is there any new year in your culture? How do you celebrate it?

Adem: Yes. We just celebrate it like everyone else. We light some fire crackers or fireworks. Then we also have a big feast with our family. Sometimes, we might even buy a lottery ticket if we feel like it.

Be A Hippie With us

Instagram -

Worthy Spots in Hong Kong



With a smartphone in hand, anyone can be a talented photographer. It's not uncommon to see people taking snapshots and selfies anywhere, be it a cozy café, a nostalgic street corner or even a shadowy alley. Want a perfect Instagram shot? Here are three hippie photography spots our reporters recommend.



Western District Public Cargo Working Area

The Western District Public Cargo Working Area, located on the waterfront of Sai Wan in Kennedy Town, was mainly for freighting originally. Later on, the pier was known as 'Instagram Pier' due to the huge amount of Instagram posts taken in that area. It's one of the Instagram hotspots in Hong Kong.

Nowadays, the cargo dock has become a popular attraction and a major destination for both locals and tourists. It is one of the landmarks in Hong Kong where people can see an open view of the city's skyline and a spectacular view of the Victoria Harbour.

People can walk dogs, jog, fish or even enjoy watching the best moment of sunset here. It is a perfect place to get a perfect shot. In 2013, the pier won the Outstanding Public Space Award which was held by the Hong Kong Public Space Initiative.

Last but not least, you are highly recommended to go there at around 6:00 p.m. It's the perfect time to see the sunset.

"Mirror of the sky"

Since the road is rough and bumpy, there will be water puddles after a heavy rain. So the water clearly reflects the sky and shadows of people and things around. People call this phenomenon 'Mirror of the Sky'.



How to get there:

Take MTR to Sai Ying Pun Station and walk for around 15 minutes.



Choi Hung Estate

Choi Hung Estate is one of the oldest public housing estates in Hong Kong. It is located in Wong Tai Sin. The estate was built in 1962 and is managed by the Hong Kong Housing Authority. Choi Hung Estate is famous for its appearance and its rainbow-coloured walls.

There are a lot of stores in the estate. Some examples are snack shops and restaurants. Some are over 40 years. If you want to know more about Hong Kong in the past, you can pay it a visit.

In 2016, a Hong Kong photographer won a national award by using Choi Hung Estate as his backdrop. Some media reports also recommend this estate as an excellent photo-taking spot. From then on, lots of local people as well as tourists go there to take pictures.

How to get there:

Take MTR to Choi Hung Station
(Exit C3 and C4)





Tai Kwun

Tai Kwun, named Former Central Police Station before, is located in Central. It was built between 1841 and 1925. The first building in the Police Station is Magistrate's House with Jail blocks, which was built in 1841. After many years, the Hong Kong SAR Government partnered with the Hong Kong Jockey Club to revitalize Tai Kwun. It reopened to the public in May 2018.

The reason why Tai Kwun is famous for check-in spots is that it has many white walls and black fences, which are similar to teenagers' favourite vintage style. Teenagers like to be called hipsters so they like taking photos with background that is simple with black and white. That is why they like to take photos at Tai Kwun.

Tai Kwun also has a few cafés, where visitors can relax and have a cup of tea when they are tired. Since Tai Kwun is such a historic and beautiful building, locals and tourists crowd the place since its reopening. It is definitely a great check-in spot for people who love selfies and photo-taking.

Life in Victoria Prison

The Gaol (later known as Victoria Gaol and Victoria Prison) was one of the earliest buildings in colonial Hong Kong. Within these walls, criminals were initially harshly punished for their transgressions. Over the years, the idea of prison as an institution for deterrence gradually evolved into a system that emphasised correction and reintegration into society. Here, in these revitalised prison cells, you can explore the development of Victoria Prison and its facilities over time.

Coffee culture

Whether you are still a student or a working adult, you would not deny the fact that coffee becomes the most indispensable part of our lifestyle. To some people, coffee is what they need to kick off the day. While coffee is just one beverage among all on the menu, it serves way beyond a choice of drinks. It has shaped itself as part of the lifestyle of many people.

Dipping themselves into the budding coffee culture, Venis and Edward are sketching out their visits to those hippie cafes that have sprouted around Hong Kong in recent years.

Teaming hippie cafes!!

In Yuen Long, there is a café called, "ACRO COFFEE". This coffee shop has two floors. If you sit upstairs, you can enjoy some tranquility. You'll feel like you were in a Taiwan café. Unlike the chain coffee shops, you can stay away from the crowds and be indulged in the aroma of the coffee.

The best coffee I recommend is 'flat white'. Every mouthful has a strong coffee flavor, yet you can still taste the rich sweetness accompanied by the milk. To top it off, I really appreciate the barista's latte art. I always look forward to the creation atop the coffee whenever I go there. The baristas are dedicated to create different patterns for every cup of coffee they brew.

Filled with the aroma of espresso, the ambience is so conducive to working on any tasks that require concentration. On the other hand, spending a leisure afternoon there is neither a difficult thing. If you are a café-hopper like me, you don't want to miss it!

Teaming giant chain!!

Although there are so many hippie coffee shops around, the most popular places for coffee are still the chain stores like Starbucks, Pacific Coffee and McCafe.

Last week, I went to Starbucks for coffee. As I settled down at a seat with my frappuccino, I started to just look around at the people who sat near me. I saw a girl was reading a magazine, while some were taking pictures of their coffee. Some teenagers of my age had their head buried in their handouts and notes from tutorial schools. While some adults were all glued to their laptop, some seemed to be in their business meeting. It seemed that they moved their offices over.


After I scanned the area, my eyes went back to the first customer I had noticed on my left. It was just a moment ago she picked up the magazine from the rack. But then she was already packing her things and was going to leave.

Obviously, nowadays, people go to a café sometimes not entirely for the coffee. Rather, they might like the environment for work because of the unlimited Internet connection and numerous charging points for them to charge their laptops and phones. Some just might just want to grab a drink for their social media feeds. Some students might be studying. But sometimes, I know they could just be pretending they were studying. After all, who can focus in this bustling environment?

Overall, chain coffee shops are still the spots people prefer to spend time for its convenience and the comfortable environment.



something for a sweet tooth in a cafe



Spending a leisure morning in a cafe

Bubble tea culture

Drinking bubble tea has been a trend in Hong Kong. It first came from Taiwan in the 1980s. Bubble tea was originally named 'Pearl Milk Tea' but bubble tea is more referred to by most English and Chinese speakers. The 'pearls' refer to the small black balls that are made of tapioca. They are added to the drinks to give the chewiness.

Joyce and Kelvin are taking a stroll in the neighbourhood of our school. They are discovering the hot spots for the most popular flavours of bubble tea. Let's see what they recommend.

There are many famous stores that serve bubble tea, Gong Cha, Sharetea and HEERETEa, and the list goes on. The most sought after store must be Tiger Sugar. Their brown sugar bubble tea sells like hot cakes. People particularly like this beverage not only because of their addictive taste but also the unique color of the drink. Tiger Sugar mixes their milk tea with brown sugar to make some marble-liked stripes. Therefore, people are fascinated with the special patterns on the sides of the drink. They flocked to try Tiger Sugar and took selfies with their drink when they first opened in Hong Kong. Tiger Sugar has gone viral for a while. But you still find queues at their stores now.

Yet, there are still many bubble tea stores near our school. ShareTea, Gongcha and TenRen's Tea are the most popular choices for our schoolmates. We like to drop by when we are out for lunch or after school. Specialty drinks like cheese tea definitely top the charts lately. Instead of the bubble topping, you can add popping boba, fruit jelly or grass jelly.

In my opinion, to chitchat over a nice cup of iced bubble tea with friends is the best way to chill and hang out on a Friday after school.



TWGHs Belt and Road Initiative Excursion to Dubai

4B Ron Ho 4B Macro Man

If you have heard of the Belt and Road Initiative, you will be jealous of what I am going to tell you! This year, two of our F.4 students are selected to be the student representatives on the excursion organized by TWGHs to Dubai to learn about the opportunities and development brought about by the Belt and Road Initiative.

R: Candice and Hayley R&M: Ron and Macro

R: How did you find out about this activity?

R&M: Ms. Yuen introduced this activity to us in January. When we were told it was a trip to Dubai, we were intrigued instantly.

R: Why did you want to join this activity?

R&M: I think it was an eye opening opportunity to let us explore and see about the world ourselves and experience different cultures. After all, Dubai might not be the most popular destination. But for this trip, I don't think we would visit Dubai in the near future.

R: What is the weather like in Dubai?

R&M: Unexpectedly, the weather in Dubai is very similar to Hong Kong in March. However, you may not want to go to Dubai between May and October considering that their highest temperature can go up to 40-50 degree Celsius.

R: Can you briefly share about the itinerary of this trip? How long was the trip? What did you need to do there?

R&M: This was a five-day trip. Prior to our trip, we had chosen a topic for our group project. Based on the topic, we had to collect information during the trip from the locals and the Chinese companies we were going to visit. We also needed to practise and rehearse for our performance at the reception dinner the trip. Certainly, we had chances to visit local markets, famous landmarks and the Chinese Consulate in Dubai. We particularly got to see Dubai's opportunities and development which are benefitted from The Belt and Road Initiative.

Burj Al Arab Dubai





In the desert safari with Mr. Vinci WONG

Ron and Macro



In the theme park

R: Then among all the attractions, which is your favourite in Dubai?

R&M: Our favourite attraction definitely is Burj Khalifah, the tallest building in the world. Up on its observation deck, we saw an aerial view of Dubai. The vehicles on the street were zoomed out and moved like a stream of ants. It is a must-visit landmark in Dubai. If you could only afford a brief trip to Dubai, you would not want to miss this one because it would show you the panorama of Dubai!

R: What was the most unforgettable part in your trip?

R&M: I think the most unforgettable part of Dubai was the desert safari. I have never seen a desert in person. It was an exciting and memorable experience. When the rover was driving across the dune, it was as if we were on a roller coaster. However, we found out it was quite easy to be induced

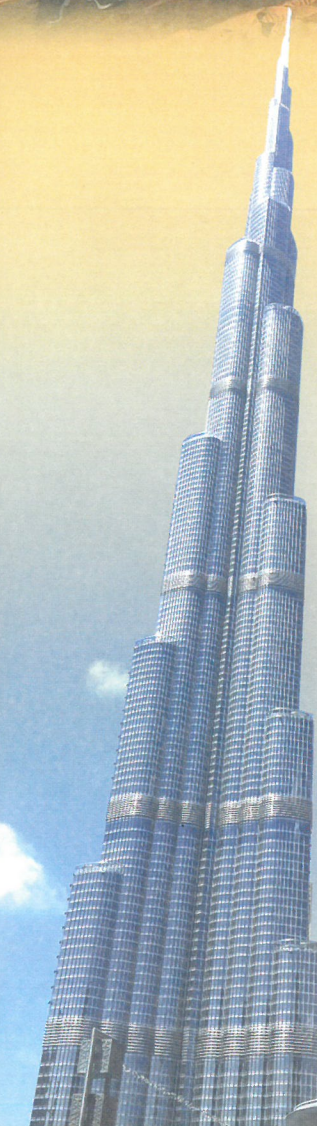
with motion sickness when we were overcoming all the bumps exploring the safari. So you may want to bring a plastic bag for emergency. We were glad nothing too messy happened!!

R: What was your impression of Dubai before this trip and how far was it from the reality?

R&M: My impression of Dubai was it being a golden city where everything was made of gold. I mean real gold! We would see a golden toilet in the washrooms. We would use shiny golden tableware when we ate. Buildings would be polished with a golden exterior too! However, in reality, we didn't see much gold. At least, I did not see a vending machine selling gold in The Dubai Mall, the largest shopping mall in the world.

R: Did you experience any cultural shock on this trip to Dubai?

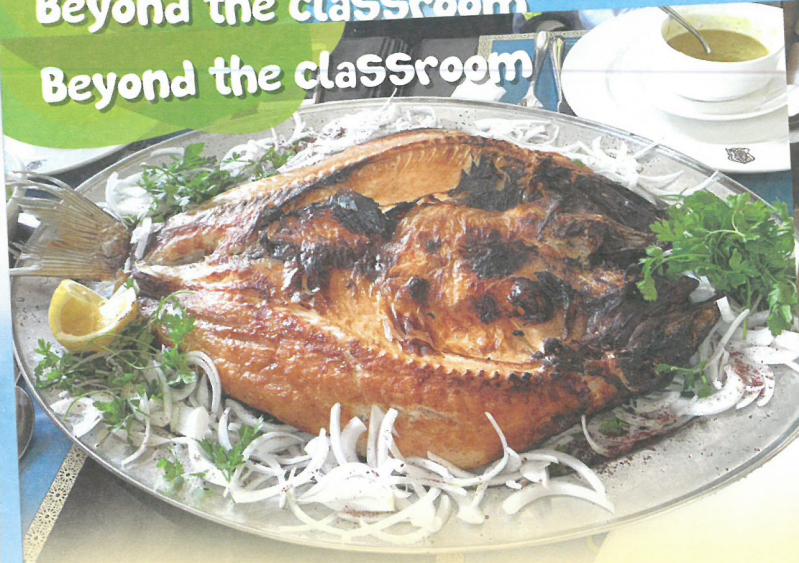
R&M: Yes, we think so! As a matter of fact, Hong Kong leads a fast-paced lifestyle. However, Dubai is just the opposite. Their efficiency is the total opposite of ours. It was an eye-opening experience when we visited their government departments. I think if anyone wants to go to Dubai, adjust yourself, be patient and slow down.



Burj Dubai

Beyond the classroom

Beyond the classroom



Local cuisine - grilled fish

سوق الذهب
Gold Souq

A local market

A local store

R: Which kind of local food do you like the most in Dubai? Is it special for you?

R&M: We both like it very differently. But the fried fish stood out to both of us. It was just so delicious. Apart from that, the barbecue in the desert was another once-in-a-lifetime experience.

R: We know that on the trip there were students from other Tung Wah secondary schools and you had to work in groups. What tasks did you need to work on together? How have you been contributing to your group?

R&M: Correct.

The topic of our group is "Chinese immigrants in Dubai". We are responsible for organizing the content from other group mates and producing a PowerPoint for presentations later.

Since we are all from different schools, we keep in touch via Skype to update each other on the progress.

R: Would you consider travelling to Dubai again?

R&M: For now, the chance might be slim. Dubai is definitely worth visiting. However, there are still many destinations I want to check off on my list. If I had the chance to visit the UAE again, I might visit other cities because some other landmarks are located outside of



A meeting with Chinese Officials in Chinese Consulate in Dubai



The Reception Dinner with Managing

TWGHs Student Ambassador Exchange Programme 2018

“From Past to Future – Sustainable Development: Vancouver”

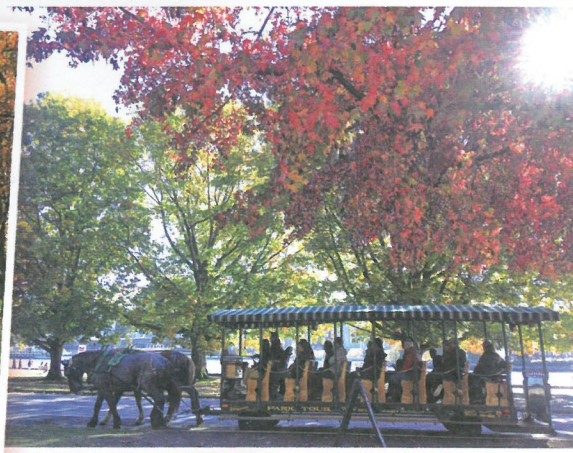
50 Ki Ki Yip

I was lucky enough to have been chosen as one of the student ambassadors of the Tung Wah Student Ambassador Exchange Programme 2018. I went on the exchange tour to Vancouver together with 27 students of other Tung Wah secondary schools. The one-week trip broadened my horizon and enriched my understanding and knowledge of Vancouver and the living situation of the local Chinese community.



Gas Town

After the 12-hour flight, our first stop was Gas Town. There we could see a steam clock which was built in 1997. It produces puffs of steam from its top and it has a whistle chime. The steam clock displays the time on four faces and announces the time every fifteen minutes.



Stanley Park

We visited Stanley Park where we could see so many maple trees in different hues. It was an incredible scenic spot.



Pumpkin Field

The next day, we visited a pumpkin field. We could see pumpkins of different sizes and types. We played a game to find a pumpkin that was nearest to 5 kilograms. It was real fun.



Beyond the classroom



Fairchild Television Studio

Our next stop was Fairchild Television Studio, which was the first Chinese media in Canada. Its mission is to provide news broadcast to Chinese immigrants who do not understand English. In our visit, we learned about its operation. Through Fairchild Television, the Chinese new-comers can be updated about the latest local and world news. The Studio also serves other ethnic groups such as the Indians and the Koreans. It also produces other types of programmes which aim to help new immigrants adapt to the Canadian culture and lifestyle.

Museum of Anthropology at UBC

On the fourth day, our group visited the Museum of Anthropology at the University of British Columbia. The museum is renowned for its displays of world arts and cultures. It is also a major tourist destination. MOA is a research and teaching museum, where UBC courses in art, anthropology, archaeology, conservation, and museum studies are given. MOA houses close to 50,000 ethnographic objects and a collection of indigenous artwork from different parts of the world. To me, the most impressive piece was a Chinese empress' headdress.



The Chinese Canadian Military Society

On the following day, we visited the Chinese Canadian Military Museum Society in Chinatown. A retired soldier told us about his old days in Canada. The early Chinese immigrants met a lot of hardship. They did not enjoy the rights of other Canadian people. He told us that the Chinese were not allowed to go to public swimming pools and some were even mistreated. The change came with the Chinese soldiers' sacrifice in the Second World War. From then on, the Canadian government finally granted the Chinese immigrants all the opportunities and rights enjoyed by other Canadians. Listening to the veteran's story, I know that the early Chinese immigrants had come a long way and life was definitely not easy for them. I feel proud of them as they

The British Columbia Parliament Buildings

A highlight of our tour was visiting the British Columbia Parliament Buildings which are home to the Legislative Assembly of British Columbia. We were so lucky to have the opportunity to meet Teresa Wat, who is a Canadian politician. We listened to the Canadian politicians discussing policies in their meeting. We also learned about the local legislative culture, the political participation of the overseas Chinese and the overall situation of Hong Kong immigrants.

Getting along with other Tung Wah students

I had a wonderful time with students of other Tung Wah secondary schools. When we were in Chinatown, we played a checkpoint game. We had to rush to many places to accomplish tasks within the limited time. One task was to have all group members sing our school song while we were skipping rope. It was a test of teamwork and we had great fun.

Feelings and thoughts

The programme gave me the opportunity to learn to be independent. I had to leave my comfort zone and face a totally unfamiliar situation. I met some wonderful friends and built up precious friendships with my group mates, who were from other Tung Wah secondary schools. We got along with each other well and accomplished the given tasks during the tour. Thanks to them, I had a lot of unforgettable moments and amazing experiences. Of course the tour is an eye-opener. I know more about Vancouver and the life of Chinese immigrants there. Besides acquiring knowledge, my problem-solving and communication skills have been enriched. It is a wonderful experience to learn and I whole-heartedly thank Tung Wah and my school for giving me this opportunity to join the programme.



Speak out Act up Improvised Drama Competition

Not long ago, our school participated in the EDB NET Section Speak Up, Act Out improvised drama competition. 2 senior and 3 junior form students worked together on the drama about protecting the environment by not buying fast fashion and brought home the second runner up.

Now let's have a chat with 1A Kent and 1A Horus, two of the actors in the play!



Kent

Venis: Did you enjoy acting with the senior students?

Kent: Yes I thought it was very enjoyable. We had a great time and were able to cooperate together nicely.

Venis: Did you get something useful from this drama?

Kent: Yes, I've learnt that when it comes to teamwork, teamwork is key. We all have different opinions. We might have to give and take sometimes to make things work. Also, remember, it's teamwork. Everybody's commitment is essential. Missing anyone of us doesn't make a team. If we have set a time for practice, we need to make to it. Lastly, I feel my confidence is instantly boosted after this experience.

Venis: How do you feel being on stage?

Kent: I was quite nervous at the beginning. But then the drama had to go on. I just became more confident. At the end, I

realized I actually quite enjoy to be on stage. I need to thank Mr. Nguyen for discovering my showmanship! Hahaha!

Venis: What was the most challenging part of your role?

Kent: I think the most challenging part is that I have to be really immersed into the role and be in line with the message we put forward through the play. We are really concerned about the environment, and I wanted to tell them to stop buying stuff they don't need.

Venis: What would you like to improve if you had one more chance to perform this drama?

Kent: I would like to improve my voice projection because I felt like there were times that I didn't project my voice right. You know, in a drama, we don't use a mic. We need to maintain our volume audible and clear to the audience but not screaming at the top of your lungs.

Philip: What is your biggest take away from the competition?

Horus: I overcame my stage fright. After this experience, I get less nervous when I go on stage. I don't get frightened easily in front of a large audience.

Philip: How do you feel after completing this competition?

Horus: I am grateful and excited because my English has improved and I met other competitors who have a very good command of English.

Philip: I know we all lead a very hectic schedule at school. Do you think you had enough time to prepare for the drama?

Horus: You are right. We actually just had less than 14 days to prepare for the drama. It was the shortest amount of time I have ever had to prepare for a play. However, it was an improvised drama. After we worked out the plot and the moral we wanted to put forward through our play, we largely counted on our own English to deliver the lines. The upside is that we didn't have to memorise the scripts! Additionally, the drama was not a very long one. Of course, my teacher and teammates are all very helpful! I think it's because of all these, we pulled it off!!

Philip: Did you encounter any difficulty in the preparation?

Horus: Absolutely! Since we had a few S.5 students and we all had our own schedule at school, we only could make time after school to practise. You know how exhausted you are after a day of school. It was very tiring, but we still made it!!!

Philip: How would you encourage other schoolmates to partake in this competition in the future?

Horus: I would say be brave! Giving everything a try always earns you precious experience. If you don't take the first step, you will not know how far you can go.

Mr. Nguyen

I was part of the drama club when I was in secondary school. I was the main character in the drama, "The King and I". I learned that "practice makes perfect". I had to rehearse for 4 to 5 hours every day and at weekends, I rehearsed for 8 hours. It was hard work but I enjoyed it very much!!

Hence, I am proud of the team this year. I was happy to see they won the third place in the competition. It was not easy to achieve this result given this short amount of time for preparation!

The drama team members came up with the storyline. The drama was about students chasing designer brands, for example, Gucci, Prada, Supreme, etc. They didn't care how consumerism has impacted the environment. In the end, they learned that they should protect the environment by stop chasing material goods.



Horus

Mr. Nguyen



Drama Club



If you are interested in enhancing your creativeness, you may notice our school's Drama Club. Performing on stage under the spotlights, club members enjoy being stagehands, creating sound effects, setting scenery, making props, costumes, and writing original scripts. Club members meet every Friday after school to practice and have fun. Here are the sharings of the club chairperson, Chan Siu Ip (5C), club members, Ng Ka Wai (2B), So Hiu Chai (4D), Tse Wai Lam Venis (4C).



CHAN SIU IP (5C)

- Q1:** What do you and your Drama Club members do?
As the chairperson, I usually call other members for meetings and practice. We do drama practice almost every Friday, and during holidays.
- Q2:** How long have you joined the Drama Club?
I have joined the Drama Club since I was a Form one student.
- Q3:** Which part(s) of the performance are you good at?
I think I am good at acting.
- Q4:** Have you ever come across any embarrassing moment on stage?
No.
- Q5:** What's your secret of success?
Be brave to perform in front of the audience.
- Q6:** What's your future plan in the club?
I will continue to join drama competitions inside and outside of school and lead my teammates to win more prizes in different competitions.

NG KA WAI (2B)

- Q1:** What do you and your Drama Club members do?
Apart from drama practice, as a member, we also make props for drama shows.
- Q2:** How long have you joined the Drama Club?
I have joined the Drama Club for two years.
- Q3:** Which part(s) of the performance are you good at?
I think I am good at acting and projecting my voice.
- Q4:** Have you ever come across any embarrassing moment on stage?
No.
- Q5:** What's your secret of success?
Be confident while performing.
- Q6:** What's your future plan in the club?
I would like to perform better in school events and become one of the main characters in the show.

SO HIU CHAI (4D)

- Q1:** What do you and your Drama Club members do?
We have drama practice.
- Q2:** How long have you joined the Drama Club?
I have joined the Drama Club for 3 years.
- Q3:** Which part(s) of the performance are you good at?
I don't think I am good at performing in any part of a drama but I'm interested in it.
- Q4:** Have you ever come across any embarrassing moment on stage?
Everyone will feel a bit embarrassed when performing on stage. I am no exception.
- Q5:** What's your secret of success?
Try to join every practice and rehearsal as I believe practice makes perfect.
- Q6:** What's your future plan in the club?
Teach new members how to perform well and perform better in shows.

TSE WAI LAM VENIS (4C)

- Q1:** What do you and your Drama Club members do?
I will rehearse with my teammates. Whenever we are about to have a competition, we will practise more. Sometimes we will rehearse from early in the morning until 4-5pm in the afternoon.
- Q2:** How long have you joined the Drama Club?
I have been involved in the Drama Club for 4 years.
- Q3:** Which part(s) of the performance are you good at?
I'm good at performing on stage but I also want to try working backstage.
- Q4:** Have you ever come across any embarrassing moment on stage?
I think actors should be confident and into their characters on stage. I often perform as a main character but I rarely feel embarrassed since I believe I can manage it.
- Q5:** What's your secret of success?
I think being a team player is important. Without good teamwork, I believe that a drama show cannot be successful.
- Q6:** What's your future plan in the club?
I hope I can work backstage before the end of Secondary 5 as I have never tried this challenge before. It seems interesting!

ENHANCED SMART TEEN PROJECT



To equip our students with good discipline and team work, our school has joined the project - Enhanced Smart Teen Camp (5 days 4 nights) organized by the Education Bureau. Students who are from Form 2 to 3, especially those who want to build up their confidence and leadership skills, can join this project. Hugo Yeung (2B), Smart Wong (3B), Owen Tam (2C), Helen Chan (3A) are the team members of the project. Here are their sharings:

HUGO YEUNG (2B)

- Q1. What was your role of this camp?
Class monitor.
- Q2. What did you do during this camp?
Physical training such as doing push-ups, running laps and cleaning barracks. It is like firefighter training.
- Q3. What were the challenges of joining this camp?
To clean the barrack was the most challenging task because it was the first time I tried to clean the toilet and fold a quilt.
- Q4. How did you overcome the difficulties?
At first, I wanted to ask the instructor and other students in the camp for help but I finally tried my best to do it myself.
- Q5. What is the most memorable part of joining this camp?
It is the fire hose training as the fire hose is so heavy that I need to pick it up with my friends.
- Q6. How did you benefit from joining this camp?
It can enhance friendship and I learnt a lot of firefighting skills.
- Q7. What important qualities do you think a good leader should have?
I think a good leader should listen to others, take care of others, and always keep a cheerful smile.
- Q8. Will you recommend your fellow schoolmates to join this camp?
Yes, because it is meaningful and you can challenge yourself.

OWEN TAM (2C)

- Q1. What was your role of this camp?
Trainee.
- Q2. What did you do during this camp?
Physical training and black boxes climbing.
- Q3. What were the challenges of joining this camp?
Climbing black boxes because it was dark inside the boxes. I could not see anything and I lost my friends. I was scared of the dark.
- Q4. How did you overcome the difficulties?
Luckily, I heard my friends' voice and I had the courage to look for the exit.
- Q5. What is the most memorable part of joining this camp?
Face the punishment by the instructors since they are strict but caring.
- Q6. How did you benefit from joining this camp?
I became braver to face difficulties and fitter.
- Q7. What important qualities do you think a good leader should have?
I think a good leader should be brave, kind and caring.
- Q8. Will you recommend your fellow schoolmates to join this camp?
Yes, because you will become stronger and learn how to get along with others.

HELEN CHAN (3A)

- Q1. What was your role of this camp?
Trainee
- Q2. What did you do during this camp?
Physical training.
- Q3. What were the challenges of joining this camp?
The training was not easy for me.
- Q4. How did you overcome the difficulties?
My friends supported me all the time and I overcame it.
- Q5. What is the most memorable part of joining this camp?
Hiking with my friends.
- Q6. How did you benefit from joining this camp?
It can train my all-round ability and self-discipline.
- Q7. What important qualities do you think a good leader should have?
I think a good leader should have empathy and high intelligence.
- Q8. Will you recommend your fellow schoolmates to join this camp?
Yes. This is a good chance to train yourself to be a more disciplined person.

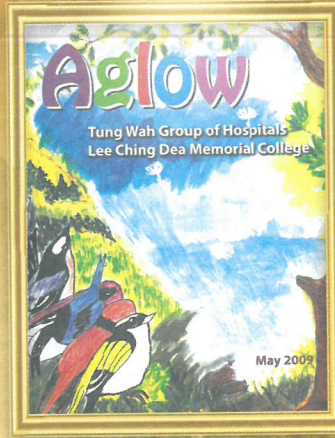
SMART WONG (3B)

- Q1. What was your role of this camp?
Trainee.
- Q2. What did you do during this camp?
Firefighter training. For examples, climbing black boxes, falling along the rope and physical training.
- Q3. What were the challenges of joining this camp?
I think the challenge was not getting enough sleep because we needed to wake up at five and packed our things.
- Q4. How did you overcome the difficulties?
My friends and I supported each other and the instructors encouraged us to overcome difficulties.
- Q5. What is the most memorable part of joining this camp?
Falling along a rope because it was the first time I used a rope to fall on a hill. I was frightened.
- Q6. How did you benefit from joining this camp?
It boosted my self-confidence and I learnt how to cooperate with my teammates.
- Q7. What important qualities do you think a good leader should have?
I think a good leader should be trustful and take care of others. They should be clever too.
- Q8. Will you recommend your fellow schoolmates to join this camp?
Yes, because you will know the importance of self-discipline.

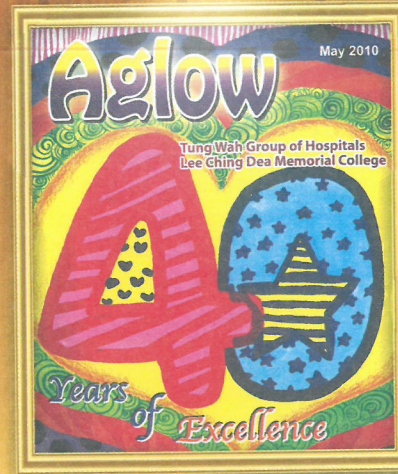
ALGOW IN ONE DECADE

What else flies too?
Ohhh it must be time!
In a blink of an eye, we have flown
through one decade of 2010s.
We are showcasing the covers of
Aglow from 2009 to 2019.

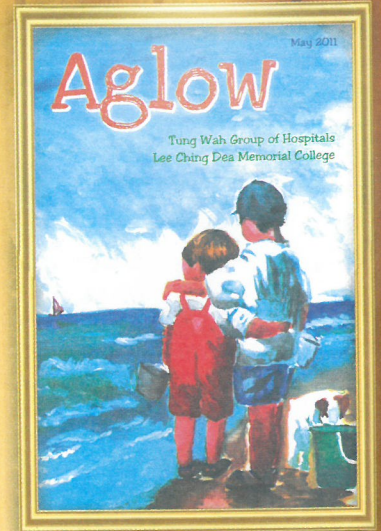
Walk Down the
Memory Lane



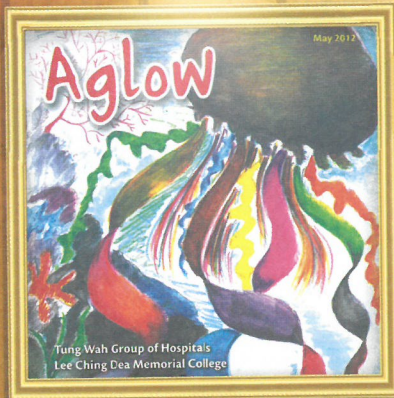
2009



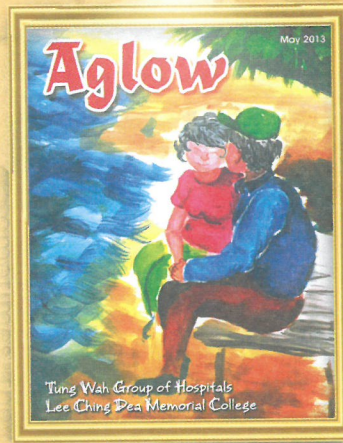
2010



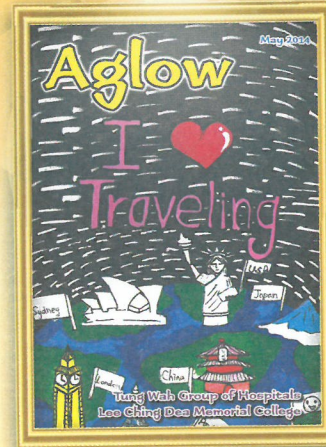
2011



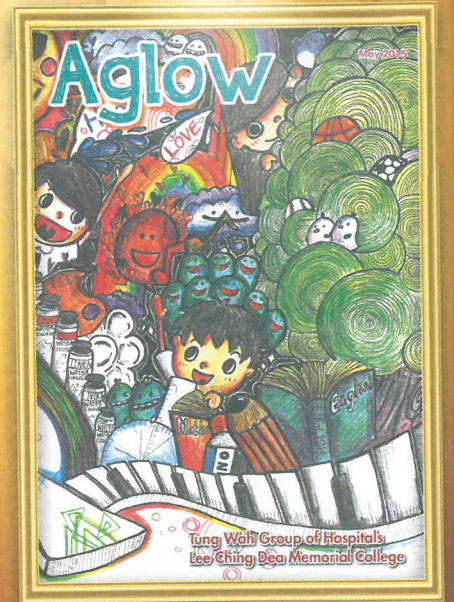
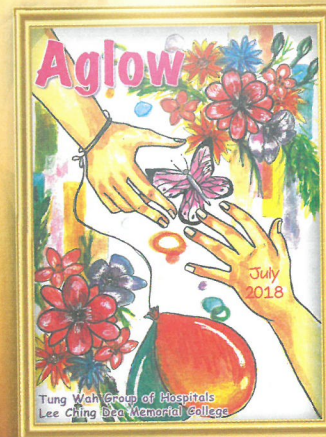
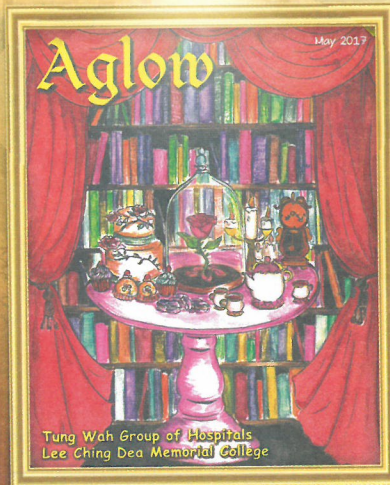
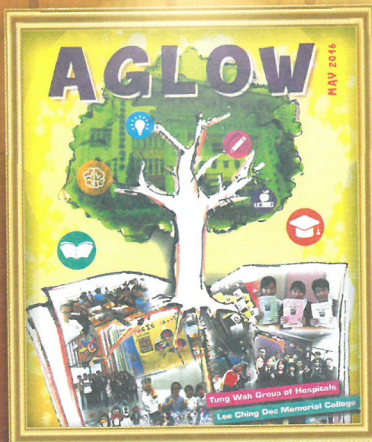
2012



2013



2014



2015