

Catering to different tastes around Hong Kong



Station 1: Central - Sing Heung Yuen ★★★★★

Every kind of food has its fans. Tomatoes are no exception. If you are a tomato lover, you'd definitely visit the famous local "dai pai dong" – Sing Heung Yuen – in Central.

Address: 2 Mei Lun Street, Central
 Mon – Sat 0800 – 1730, Closed on Sundays
 Recommendation: Crispy toast with honey lemon, noodles with tomato soup



Station 2: Causeway Bay - The Match Box ★★★★★

A Hong Kong-style tea restaurant serving traditional local food. Comfortable environment with a combination of antique decoration and special modern layout.

Address: G/F, Highland Mansion, 8 Cleveland Street, Causeway Bay
 Every day 0700 – 0200
 Recommendation: Pancakes with syrup and banana



Station 3: Tsim Sha Tsui - Charlie Brown Café ★★★★★

If you're a Snoopy fan, this themed restaurant, with fantastic Snoopy decoration all around, is a place that you can't miss. Affordable price.

Address: G/F – 1/F, Kok Pah Mansion, 58 – 60, Cameron Road, Tsim Sha Tsui
 Mon – Sat 0800 – 0100 ; Sundays 0800 – 0000
 Recommendation: Signature cakes, bacon and tomato pesto spaghetti pizza



Aglow

Tung Wah Group of Hospitals
 Lee Ching Dea Memorial College



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PEN TRICKS

What will you do if you are having a long and boring meeting at school, holding a pen? Most probably you may spin it, right? In fact, it is a common self-entertainment in schools or office settings but do you know pen spinning is beneficial and it is indeed a professional art form?

Many people normally spin pens when they are attending classes or working boringly or even thinking of new ideas. This obviously shows that they are not concentrating. However, some "spinners" insist that spinning pens has certain benefits. It can improve their attention span, memorisation and even learning abilities.

Since the 1990s, you may see more and more people of the younger generation play this trick everywhere – in the classroom, at home or even when they are walking on the street. Pen spinning is no doubt becoming a trendy and global hobby among teenagers.

In fact, pen spinning has developed into a professional art form worldwide. According to Masaki Tsukada, chairman of the Japanese pen spinners club, pen spinning now has dedicated movements in South Korea and the United States. Some professional "spinners" prefer purchasing a special kind of pen or making his/her own pen particularly for this form of art. They are usually long-shaped and have the same weight on both ends, which makes it easier for spinning smoothly.

If you want to explore more about pen spinning, there are actually many local and international pen spinning competitions or workshops for you to participate in. You may exchange and share your experience on learning various tricks. For more information, you may check it out at the website of the Hong Kong Pen Spinning Association.



<http://hkpsa.com/forum/index.php>

Interviewing the "Spinners" (Interview with Ming Chen, our Form 1 schoolmate)

We had an interview with our schoolmate, Ming Chen. He has been spinning pens since his primary years. He started playing the trick when he first borrowed his classmate's designed pens. Since then he started pen spinning and it has become his most favourite pastime.

J : Jennifer, the interviewer
M : Ming Chen, the interviewee

- J : Some people believe that pen spinning improves memorizing ability and helps concentration. Do you agree?
- M : Actually I quite agree with it. It helps to improve our hand-brain coordination. I am getting smarter, see?
- J : Do you have any useful tips for the pen spinners?
- M : The tip is: "Remember: you are always the controller, not the pen!"

Showcase of the designed pens

For new pen spinners, designed pens from shops are very useful to let them get better training. For experienced spinners, self-designed pens are one of the possessions or achievements and a new kind of collection amongst other hobbies. As a spinner, Ming has created his own designed pens since last December. He told us that he has a few of his self-made products at home. Ask him to show you some!



Paper Clay Objects

Miss Kari Lam and Miss Sylvia Lam are sisters. They come from the same family and they share the same hobby - making paper clay objects. Kari and Sylvia have had this hobby for more than a decade. This pastime requires patience, creativity, and skilful hands. Sandy and I interviewed the Lam sisters one afternoon and they shared with us this great love of theirs.

When did you two start this hobby?

It was about 10 years ago when one day I was window-shopping in a shopping mall, and I saw an art workshop displaying some objects made out of paper clay. Those objects caught my eyes and I fell in love with this hobby immediately. Then I introduced this hobby to my sister, she liked it too!

Why do you two still make paper clay objects when you have a busy life?

Simply because making paper clay objects is FUN! In our daily life, we have to work and work and work. Life is dull if we just have work. So, we hope that we can have a hobby to spend our free time. Actually we like our hobby more than our jobs, although we will always put our work as our first priority. Sometimes we make paper clay till midnight simply because we like it so much.

Can you share a funny incident with us?

Sure! I remember someone ate a paper-clay doughnut I made because it looked so real.



What is the biggest challenge for making paper clay objects?

We think the biggest challenge is to make the finished objects look real. To do this, the amount of clay and substances used are important. I remember that we once tried to do the same step ten times before we could succeed.

Do you think paper clay modelling is a good hobby for youngsters?

Definitely. This hobby can train young people to be patient as most youngsters lack patience nowadays. Also this hobby can encourage them to give their best in whatever they do. I know some teenagers will only aim at getting a pass in their studies and they don't work further to get full marks. In making paper clay objects, when the product doesn't look like the real thing, one must make it again, until it is 100% perfect.

Our feelings

Dick: For the last part of the interview, Kari and Sylvia taught Sandy and I how to make a clay rose. I then realised how impatient I was. During the interview, Kari and Sylvia showed us some of their products. They were SO REAL. To me, the camera was the most impressive.

Sandy: It was nice meeting Kari and Sylvia and seeing how they made something beautiful out of a dough of clay. When I was making my first paper clay rose that day, I could feel that patience was extremely important for this activity. I had to focus on what I was doing. If I got distracted, my rose couldn't be done.

What about THEIR Hobbies?



Hobby is an interesting occupation of one's leisure time. It keeps us active and makes us forget worries and the boredom in life. We are glad to have some teachers sharing their hobbies with us, including:

- Miss Rose Chan, one of the most elegant teachers in our school
- Mr Cheng, a good singer
- Miss Sit, an enlightening teacher
- Miss Yeung, an optimist and energetic teacher
- Miss Chan, an approachable Biology teacher

"It's better to travel 10000 miles than to read 10000 books."

Miss Sit

If you ask me what my hobby is, I will say "TRAVELING"!

As I have been quite active since I was young, I enjoy outdoor activities a lot. Every holiday, if it's possible, I travel around and experience different ways of living and cultures throughout the world. Traveling pushes me to continue working and to try harder. By breathing the fresh air, easing up the pressure and widening my horizons, it seems I can finally catch my breath. From my experience, it is also an effective remedy for headaches. Compared with joining the tours offered by travel agencies, I prefer planning the itinerary myself as it is more flexible. From every trip, I got to know about different unique cultures, like in Greece, the local people and tourists clap their hands after admiring the inspiring and beautiful sunset!

What I want to advise you is "Grasp your opportunity and go on a trip!", especially when you are still young and energetic. Be brave and enthusiastic about traveling and widening your horizons! Fill your life with different colours!



Miss Chan Siu Ying

I enjoy doing exercise, especially aerobics and yoga. They are conducive to physical health and mental harmony. When I was a student, I went jogging before going to school.

Now, I usually work out for about two hours in the gym every Saturday or Sunday. I am health-conscious. Doing exercise can strengthen my body and immune system. It also helps me achieve lasting happiness and relieve stress. I can forget about the unhappiness and frustration during exercise.

Beginners may find it difficult to practise aerobics and yoga. Suitable wear, warming up and evaluating your own ability are essential. If not, you easily get muscle strain. At the beginning, learners should not be too ambitious. Moreover, they should go from the easier levels to the more difficult ones and cultivate it as a habit.



I am very keen on traveling! I developed this interest when I was studying in university. I feel that this hobby is very nice and makes me relax. It especially allows me to forget the pressure from school. And also, I will plan a trip if I have a long vacation. I would like to share my unforgettable experience with you.

Once, I had gone to Harbin, Dalian and Lushun with my friend. Owing to unfamiliarity with those places, we hired a tour guide. Nonetheless, he always encouraged us to buy some expensive things, such as pearl powder.

Finally, we found out that the pearl powder was actually fake. Because we did not buy those things, he didn't take us to some meaningful places for sightseeing.

I suggest that beginners find some compatible mates who can complement one another.

Moreover, try to do a trip within one month with your friends or you will easily argue with them during the trip. And I also realised that semi-independent travel is more fun than participating in tours arranged by travel agencies.

Miss Yeung



Miss Rose Chan

In my spare time, I usually read books, go shopping and give myself facials and massages. These are all my hobbies, but the one I am going to share is making desserts. I started this hobby when I was studying in the United Kingdom. At that time, I stayed with a family and the family members often baked cakes, made some biscuits or other desserts at weekends. When my landlady baked the cake, I stood beside her and learned how to make it. She was very nice and was willing to teach me. I like baking very much because it is easy to learn. After baking, I can share it with others. Also, the ingredients are not difficult to find and they are not expensive. It only costs me around a hundred dollars each month.

Now, I bake cakes, cookies, etc. twice a month, as my daughter usually does it with me. In the past, I spent more time on making these desserts with my son and my daughter as a form of entertainment and as an opportunity for them to learn cooking. I remember that one day when I tried to make a pudding, I steamed the pudding and unfortunately I fell asleep! I overcooked the pudding and damaged the bowl. It was so dangerous that I made the landlady angry. For beginners, I suggest making desserts which are simpler, like cupcakes. The most important point is that the quality of the ingredients should be good enough so the desserts will be delicious.



'Practice makes perfect'

I have many hobbies. In my leisure time I like eating, singing, listening to pop music and watching football matches. The one I like most is singing. I started to sing when I was in my primary school. I love singing so much that I sing every day. The most unforgettable experience was the 35th anniversary of our school. I had a chance to sing on the stage at the Hong Kong Cultural Centre. It was really a special experience for me. Singing is easy to learn and handle. Everyone knows how to sing. There is an idiom "Practice makes perfect". Practising is the only way to improve your singing skills.

Mr Cheng



Just an AIRPORT?



AVIATION Discovery Centre

You have never flown on an airplane before?

You want to become a pilot?

Or you are interested in airplanes?

If you are, I suggest that you go and experience the simulated aviation at the Aviation Discovery Centre!!

The Centre is decorated in aviation themed exhibits. You can get into the simulated control room and experience the hard job pilots do.

(Oh! It's so heavy. I don't have enough strength to pull it up!)

(Yes, this job is more suitable for men than for women!)

If you think you cannot be a pilot, don't give up! You can enhance your knowledge by visiting the aeronautical exhibition right next to the control room.

It displays working models of airplanes and helicopters. When you feel tired, it is a good idea to take a rest on seats of planes from different periods.

Don't want to limit your visit to the simulated world? Then buy a ticket and go up to the Observation Terrace. Sighting real airplanes, you will discover how busy Hong Kong's Airport is. At least two flights take off and land in one minute. It is clearer if you use the binoculars.

However, you should choose the right time to visit the Observation Terrace. Don't go at noon. Your eyes may be damaged under the bright sun when using the binoculars.



Next to the AVIATION Discovery Centre, there is a '4D EXTREME SCREEN'

Sitting on the comfortable seats in front of the large screen, enjoying the stereo, being stimulated by multi-sensory special effects, these are all part of the 4D Extreme. This very special movie theatre holds the largest screen in Asia. Wearing the special glasses, you can feel being part of the movie. Moreover, whilst watching the whole film, and some multi-sensory special effects like the smell, small shakes, water spray, wind and smoke effects excite our senses.

It is a chance for you to act next to your favourite celebrities!

One thing to bear in mind is that not all films are released in this cinema, also some films will not have subtitles. Check the schedule and the details carefully before getting in.



Watch films the way the filmmaker intended.



a delicious yet affordable meal @ the Hong Kong International Airport

4D — add some senses

We all know that watching regular 35mm films is similar to watching 2D (two-dimensional) films. Add a slightly different perspective, and a 2D film becomes a 3D film. We human beings have two eyes, so what we see actually has two perspectives with slight differences. When it comes to 4D, it does not mean that another perspective is added to the film. Instead, two more senses are added — smell and touch, apart from sight and hearing.

4D Extreme Screen Cinema

In Hong Kong, there is only one cinema providing '4D experience', and that is the place we visited — 4D Extreme Screen Cinema situated at the Hong Kong International Airport. We went there to watch 'The Green Hornet' (2011), and the experience of watching the film in a 4D cinema was exciting.

How does it feel?

Entering the house of the cinema, you will be thrilled by how large it is. The house is far bigger than the cinemas where we usually go. We tried to capture the image of the big screen but failed — it is just too BIG. Even if you have a wide angle camera, you cannot take a photo of it. But one thing is for sure — the cinema-goers will not be packed to the gills.

Having worn 3D glasses, we watched the film just as we would watch most 3D films out there. BOOM! A strong smell came right in front of us below the projection screen. 4D experience just began! VROOM! As the 'car' drives away, we could feel the 'air' generated by the movement of that car. When Jay Chou falls into the water, so did we! The water sprayed all over our bodies. To sum up, there is a variety of sensory stimuli synchronised to the films which you are watching.

One more thing...

When we were watching the film, we found something quite noisy above our heads. We did not know what it exactly was, but we presumed that that thing might be the equipment projecting the film. If you are curious about this, go and find that out for yourself.

Get a good deal

Once you step into the Hong Kong International Airport, you have to 'pay'. Just like when you are visiting Ocean Park and the Hong Kong Disneyland, you may find the food and drinks being sold there expensive. And the same is true of the Hong Kong International Airport. Say if you want to have an instant noodles and a fried egg, that will probably cost you around \$40. Yes, it is real. Luckily, we did find a place offering delicious yet affordable meals. There is a shop which sells rice dumplings. For about \$25, you can have your enjoyable meal. But as you might have imagined, the price is just for the rice dumpling, nothing else. Need a 600ml bottle of water? That's another \$6. That is what you have to pay when you are at the airport.

Concessions for you, students

Being a student is every adult's dream. Not only do the students not have to work, but they also always get some special offers which will not be available to adults.

Before making a visit to the airport, make sure that you have brought your student card. You will then be 'blessed' with numerous discounts.

For watching films, you can get a good deal. We watched the Green Hornet for \$75, which was about half the price.

Concessions for your parents

Apart from that, starting from 1 April, you can have a delightful family day in Lantau with return NP 360° cable car trip and a 4D film, plus selected meal set and HK\$60 shopping cash coupon for only HK\$169; it is probably the best deal in town.



Asia Hollywood Movie-themed Interactive Exhibition

The gorgeous car – AE80 – Get a good deal

Do you like that gorgeous car – AE80, which was driven by Jay Chou, that appears in Initial D? If you do, this is a good chance for you to take a closer look! The real one used in the film is shown in the exhibition. Although touching the car is not allowed, you can take photos at close range. (Some kind staff even do not mind if you touch the car when there are just a few people around. We were lucky on the day we visited so we could take photos with AE80 like models.)

The Director's voice

Posters and scenes are also exhibited. For example, you can sit on the director's chair and take photos. When you sit on it, you will hear someone saying 'Scene 4. Take one. Action!'. It is quite funny if you and your friends take turns to do that because the director's voice will be repeated again and again. The most special scene is the one where you can take pictures with celebrities such as Tsang Chi Wai, Leung Chiu Wai, Lau Tak Wah, to name but a few.

The heavy suits

In addition to the scenes, you can see the costumes that the actors and actresses wore in the movie. The real one is a little bit different from the one in the film because the film producer will add some colour effects on those clothes to make them more realistic. Touching them is also banned. (Yet, if you meet the kind staff, they will allow you to touch the clothing lightly. We realized that the costumes of the Warlords are quite heavy!)



Act yourself!

After looking at those attractive exhibits, you probably want to take part in acting. In the exhibition, there is a section called 'D-Blue Screen'. You can choose a theme you like. For instance, escaping from fire, fighting with a dinosaur, etc. The themes will be updated without a fixed schedule. The staff will ask you to do some actions, like running, jumping, which match the theme you choose and they will use software to put you and your friends in the anime. When you watch your own video, you will definitely find it amusing. This funny entertainment costs only \$90.

i-Sports Interactive Sports Games!



What is it?

i-Sports Interactive Sports Games is just next to the Asia Hollywood Movie-themed Interactive Exhibition. Almost all games are related to sports; they all are very entertaining and physically challenging. Therefore, we were quite tired when we came out. Some games such as 'kick target' are from the TV program Muscle Ranking. If you want to challenge yourself, you can come and experience them.

Tiring games

Apart from that, some of the games are tiring. For example, the horse racing machine includes competitions of different lengths (800m, 1200m, 1800m and 2500m), you have to move your body and pretend that you are riding a real horse. After a 2500m race, you will be more tired than if you have been running 1500m. If this does not satisfy you, you may want to try the 'Street Basketball Machine' too. When you score 60 points in the first stage, you can go on to the second stage. It will be harder for girls because it requires more strength and energy. Besides these real sports, car racing is also a good choice. Six 'Initial D' car racing machines are available. You and your friends, therefore, can have an exciting race together.

Other games

Meanwhile, there are some games which are not related to sports, but to music. In this game centre, you can find different Japanese music games and you will undoubtedly be attracted by at least one of them. Taiko no Tatsujin is one of them. You can choose any song of different levels of difficulty. Then, you just need to follow the instructions to strike the drums.

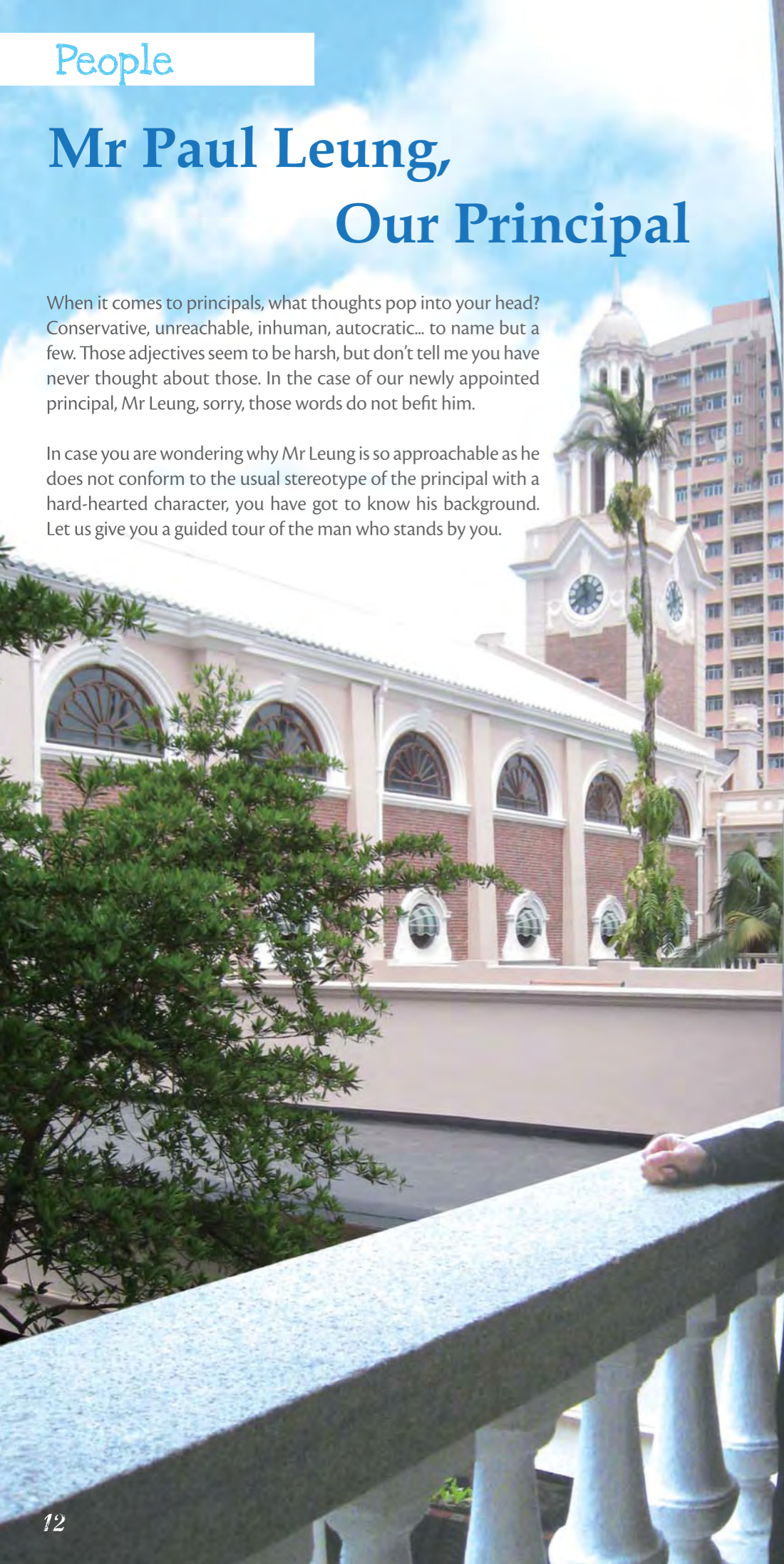
Of course, there are still many games, like shooting, boxing, cycling, you name it. These games are special and different from those in Jumpin Gym USA or Namco. Notwithstanding, the aforementioned games occupy only a small part of the game centre. Go and experience the fun! Students get a discount when buying the coins. It is an absolutely fascinating place for you to spend your weekend.



Mr Paul Leung, Our Principal

When it comes to principals, what thoughts pop into your head? Conservative, unreachable, inhuman, autocratic... to name but a few. Those adjectives seem to be harsh, but don't tell me you have never thought about those. In the case of our newly appointed principal, Mr Leung, sorry, those words do not befit him.

In case you are wondering why Mr Leung is so approachable as he does not conform to the usual stereotype of the principal with a hard-hearted character, you have got to know his background. Let us give you a guided tour of the man who stands by you.



The Background

Mr Leung was associated with the University of Hong Kong for over 15 years. The first period was when Mr Leung pursued his studies for a bachelor degree in the Faculty of Arts. Having worked for over 10 years, he suddenly had an impulse to study guidance, that is to say, counselling. That's what drove him to study hard for a Certificate in Educational Guidance at HKU SPACE in Admiralty. After his studies there, he went back to the University of Hong Kong for a master's degree in educational guidance. Two years later, he came out with good results and a certificate. A year after that, there was a postgraduate diploma course for fresh graduates who wanted to become teachers, known as 'Postgraduate Diploma in Education' (PGDE), and the course coordinator at HKU wanted to hire some part-time lecturers. And so, invited by HKU, Mr Leung filled the vacancy, and taught guidance to postgraduates. He chose to be a part-time lecturer on Wednesday evenings as he would have no meetings to attend on those days related to education. Then he spent 10 years at HKU as a lecturer.

Being a lecturer, unlike the conventional ways of teaching which is one-way only, Mr Leung liked two-way communication. While Mr Leung taught the students guidance, his students also had a chance to share what they had to say. Mr Leung loved to make use of the well-equipped IT facilities in the University of Hong Kong. He always used some video clips hosted on YouTube as teaching aids.

The most challenging task for Mr Leung during that period was to juggle time. After finishing school at 4 p.m. in his former school, he had to get to the University of Hong Kong before 5:30 p.m. for preparation or an early dinner. During weekends, Mr Leung seldom enjoyed his holidays since he had to mark assignments, and prepare slides for teaching. Interestingly enough, he found his work enjoyable, fun and inspiring.



Mrs Leung

Mr Leung is an approachable principal. Having known his background, no wonder why he is praised by the students in our school. According to Mr Leung, there are two ways of student-teacher communication: one is to keep a distance between the principal and the students and the other is to get closer. The former teaching approach is widely adopted by many disciplinarians, and Mr Leung loves the latter approach since he is a 'guidance' man. No wonder why he is a 'different' principal.

Family.

Mr Leung lives with his wife and son in a lovely apartment. Let's disclose Mr Leung and his wife's romantic love story. Once, Mr Leung went to Taiwan and met a girl – the future Mrs Leung. Their first dating was a post-trip gathering. Although Mr Leung started their relationship as normal friends, Cupid linked them together; everything was already destined. After they had dated for five years, Mr Leung decided to start his family. Finally, 'that girl' became Mrs Leung.

Hobbies

No matter how busy a person is, leisure activities cannot escape from one's life. It is no different in Mr Leung's case. 15 years ago, Mr Leung was sent to Scotland, United Kingdom by the 'Education Department' to have a month's training to be an 'English Panel Chairman'. In the morning, he attended classes on school administration. On finishing his tutorials, he often went sightseeing with classmates. Of the seven days in a week, Friday was the most enjoyable day for him. On Fridays, he and his peers would rent a minibus after the lessons at the University of Edinburgh, and drive along the coast, which Mr Leung thought was lovely. Following the ride, at about 10 p.m., they would go to a 'B&B' place. ('B&B' stands for 'bed & breakfast', and a B&B is a small place which offers overnight accommodation and breakfast. Just think of it as a hotel, but not that big.) The next morning, they would continue their journey. Those are the truly memorable experiences which Mr Leung had during his one-month training overseas.

Not only did he get trained during the trip, Mr Leung also developed his own preferences. His leisure activities with his family reflect these preferences. Recently, he saw a well-known film called 'The King's Speech' with his wife in the UA Cinema. As you may already know, this film has won a bunch of awards. But what prompted Mr Leung to go to watch this film was not the awards, but the British style and culture which this film presented.

Football perhaps is the most popular hobby for men, and Mr Leung is no exception. His favourite football team is Manchester United, one of the English soccer teams. He likes the team because of the sharp colour of their T-shirts. As a matter of fact, Mr Leung likes all teams, but in reality, one man's focus is limited, and that is what forces him to focus on Manchester United. Having said that, he seldom watches football matches live on TV as the show is usually too late at night.

He likes watching football, and he loves playing football, too. He plays an attacker for the Ying Wah Alumni Association football team, and a defence player for the football team of his church. Mr Leung joked with us that maybe because of his age, he was not quite capable of attacking. Instead, he sometimes gets attacked by other players, as most of the players are the teenagers in the church. Apart from that, he also plays football with his old school friends in the football pitch near Hong Kong Stadium at weekends. When Mr Leung is not able to exercise outdoors, he usually uses his exercise bike at his apartment while watching TV.



His Son



Clothing.

Suit, suit and suit.

That's the only word that we can use to describe Mr Leung's clothes. Because his job, as a principal, requires him to dress formally, he can only choose suits in men's colours like black and blue. In fact, this is not what he wants.

What does Mr Leung want then? He likes various colours, such as brown, yellow and other sharp colours, actually. He seldom wears light-coloured clothes because he is afraid that he will make his shirts and trousers dirty, despite the job requirements. "I usually make my white trousers dirty so I prefer dark colours to light colours", Mr Leung explained.

Mr Leung likes casual wear when he is free from his endless work; for example, he wears jeans, T-shirts and polos when he goes shopping with his family; T-shirts and shorts is his choice when he goes to play football.

If you want to see Mr Leung in casual wear, just ask him when you can meet him. He is nice and welcomes students to express their thoughts. With acquaintance, you may become closer to him.

German lesson.

Most of us do not know that Mr Leung knows German.

Could you guess what sentence Mr Leung says most often?

Ich liebe für immer dich.

Are you so curious to know the meaning?

It means "I love you forever". Mr Leung always says this to his family members and that's why he can remember it for long. Now you know how you can acquire a foreign language.

Mr Leung is a good husband; but is he a good father? Definitely YES. Mr Leung is an open-minded daddy and does not mind his son being injured while playing sports. Fencing is his son's favourite sport and he has been practising it for nine years already. Mr Leung goes to watch his matches, cheers him on and encourages him to develop his talent. The young Leung was injured and had to stop fencing to undergo physiotherapy; however, he didn't give up. Today, he is in the Hong Kong fencing team.

Music

Mr. Leung enjoys listening to music, especially Cantopop. When he was young, Sam Hui (許冠傑) was so popular and stirred up a pop music trend. It was magnetic to Mr. Leung, so Sam Hui became his idol during those years.

Time flies. Now, Mr. Leung is enthusiastic about other pop singers. Among the local singers, he loves Eason Chan (陳奕迅) most. Mr. Leung is attracted by Eason's slow and soft songs, such as "六月飛霜", "明年今日", "Shall we talk", etc. He loves Leo Ku (古巨基), Jacky Cheung (張學友), Leslie Cheung (張國榮) too. Don't you think that Mr. Leung loves male singers only? Of course not. Mr. Leung admires the female singing group Twins as well as the song



"下一站天后" which he finds quite graceful and significant. Yet, if you want to represent Mr. Leung by a song, "愛你在枕邊" by Eman Lam (林二汶) may be the most suitable song. Mr. Leung appreciates this song very much, as it is meaningful. The lyrics of this song tell a love story between wife and husband. That is what Mr. Leung experienced! We can see how romantic Mr. Leung is.

Mr. Leung not only loves local singers but also their foreign counterparts. However, he likes classical music more than pop. Peter, Paul and Mary, Bee Gees and Carpenters are Mr. Leung's favourites. What's more, he likes the Korean female singing group — Wonder Girls. The song "Nobody" can be found on Mr. Leung's iPhone. Nonetheless, Mr. Leung is not keen on American pop music — Lady Gaga and Justin Bieber are not his cup of tea.

Mr. Leung always buys CDs and transfers the songs to his iPhone. Then, he sells those CDs to the second-hand CD shops to free up space at home. Nevertheless, Mr. Leung will keep Jacky Cheung's CDs as he treasures them.

Remarks

Mr. Leung is a great interviewee. He became our tour guide at HKU and told us about all aspects of his life unreservedly. Mr. Leung also has a remarkable memory as he could remember four people's choices of breakfast. He bought us free breakfast, which was generous. Moreover, Mr. Leung told us more about the characteristics of HKU. 'Why is there a Chinese Language Centre right here?', Mr. Leung asked us. 'Since there is a big growth in the number of students who come from the mainland and overseas; they have to study Chinese as well.' We were all elated because we could know more about Mr. Leung and gain knowledge about HKU.

A Forensic Hero

Dr Carl Leung was one of the Directors of Tung Wah Group of Hospitals in 2007-2008, as well as the first Chinese forensic dentist in the world performing forensic investigation for numerous local and overseas cases. His family has a shroud shop called “梁津煥記” which has a long history. This has made a deep impression on him.

Since many people do not understand the importance of forensic dentistry in human identification and not a single school provides a pathway to this profession, Dr. Leung has participated in many talks, radio and TV programmes like “法證先鋒II”, and has published a book called “屍法制度”. His goal is to honour the dead and comfort their families. He also hopes to teach the public more about forensic science.

Due to this reason, he has used his precious time to talk with us about his job. During the interview, we were surprised to find that he is such a humorous person.



Why did you choose this job at the beginning?

Like all young boys, I was very interested in police work and criminal investigation when I was young. I had some uncles working as policemen at that time. They told me that medical doctors also helped in police work as forensic pathologists. Dentists also helped the police as forensic dentists. I was studying dentistry at HKU and therefore I pursued the pathway as a forensic dentist.

What is the difference between forensic dentists and forensic medical experts?

Forensic dentists are trained from dentists while forensic pathologists are all medical doctors.



What is your most unforgettable experience?

My first disaster experience was a plane crash investigation back in 1992, which was the most unforgettable because I was green at that time. It was the first time I had seen a disaster at such a scale with so many dead bodies. The accident had killed more than 200 people. With the long distance help of my supervisor in Melbourne, I was taught step by step how to perform a proper disaster investigation.

What have you learnt from your job?

Being able to help others is a blessing. I was lucky to assist those in need with my skill. Losing a loved one is a big tragedy in life, I believe. Helping to identify the dead and returning their remains home is a relief to the next of kin.

How do you overcome the fear of facing dead bodies?

The most nasty experience is the smell from the dead bodies. My colleagues have taught me to use 'white flower oil' to mask the smell. I myself can tolerate the smell quite well. My colleagues always say that I am the one who is nearest to the dead body and sniff in all the smell. Well, I always put my heart in my job and I believe that helping someone return home is a big job. The fear of the smell can be overcome easily.

How does one become a forensic doctor?

There is a long way to go before you become a forensic doctor. First you need to study science. In Hong Kong, there is no special course for forensic science. You need to become a doctor or a dentist first. Then you can do postgraduate studies in forensic science. After being a forensic doctor you still need to have study further for two or three degrees or even a doctoral degree to extend and renew your knowledge.





Our New NET - Mrs. Jay

F.4 Student interviewers: Yoyo and Jennifer

Before the interview

Jennifer : Yoyo, who is our interviewee today?

Yoyo : Mrs. Jay, the new NET who joined our school this year.

Jennifer : Mrs. Jay? Um.....can you tell me more about her? I don't know her very well.

Yoyo : Sure! As you know, she is an ethnic Indian with British citizenship as she mentioned on the first day of school. She has been teaching since 1992.....let me count.....so it's been over 18 years!

Jennifer : What a long time! Where was she teaching previously? Also, what are her interests? And.....

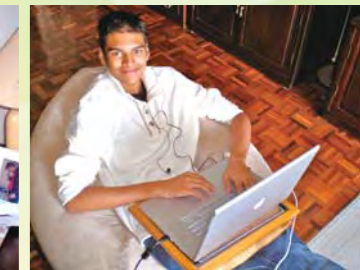
Yoyo : Well, we'll soon find out. Let's go!



Interview with Mrs. Jay

Mrs. Jay's Family

Y : Yoyo
J : Jennifer
M : Mrs. Jay



Y : Mrs. Jay, we heard that you have been a teacher before you came to LCDMC. Do you mind telling us about the previous school you were teaching at?

M : I was teaching at Sacred Heart Canossian College of Commerce, a college offering sub-degrees programmes, where I was preparing students for English Language benchmarks such as the HKALE, Academic IELTS, HKCEE, etc.

J : By the way, you have taught for 18 years, then how long have you been living in Hong Kong?

M : I have been living in Hong Kong for almost 26 years. I arrived in Hong Kong from the Middle East in July 1985.

Y : I see. After a few months of teaching our students, how do you feel about them?

M : The majority of my students have a good learning attitude and they care about their performance. Some of them don't really enjoy the formal curriculum but I am sure they have unique abilities. It is hard to cater to their needs when they have to face the HKDSE.

Y : And do you have some advice for us?

M : Take charge of your learning. That's the best way forward. As early as possible, identify your interest, passion or inclination and make plans for a career that suits you. Thinking skills, teamwork skills, creativity and IT skills are essential for performing at your best in the future workplace. So be proactive in developing these skills.

J : Thank you. Your advice is useful to us. To satisfy our curiosity, we would like to know what your interests are.

M : My main interest is designing instruction for technology-enabled learning and before joining LCDMC I was going to do research in this area. I have been designing whole-year programs and maintaining websites to help students develop self-learning abilities and higher-order thinking skills for over a decade. My recreational interests include reading, travelling, cake decorating, vegetable carving, clay modeling, etc.

Y : Wow! That's a lot of interests! Thank you, Mrs. Jay.

Just for Fun

Y : Mrs. Jay, now a few just-for-fun questions.

J : Do you know what “囍” means?

M : I know. The word is now used to express surprise, shock or amazement. Though it originally meant “patterned window” or “as bright as the light peering from outside the window” or simply “brightness”. Coincidentally, this is closely associated with my surname, “prakash”, which means light or brightness and my son's name, “Kiran” which means a ray of light.

Y : By the way, do you know any cheap jokes (“broken gag” as many students say)?

M : I got one here.....

(A cheap joke from Mrs. Jay.)

Doctor, doctor, I feel like a bee.

Doctor: Well buzz off, I am busy!

Y : Oh.....I think we get it! So, thank you very much, Mrs. Jay!



From this interview, many of us have learnt more about Mrs. Jay! And it is an opportunity for students to strike up a conversation with her and to get to know more about her as a person!